**CEM LA FANECADA**

HORARI DEL 2 D'AGOST AL 5 DE SETEMBRE DEL 2021

| DILLUNS | | | | | | | DIMARTS | | | | | | | DIMECRES | | | | | | | DIJOUS | | | | | | | DIVENDRES | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Hora | Piscina G | Piscina P | Spinning | EXTERIOR | Dirigides | Sala Fitness | Hora | Piscina G | Piscina P | Spinning | EXTERIOR | Dirigides | Sala Fitness | Hora | Piscina G | Piscina P | Spinning | EXTERIOR | Dirigides | Sala Fitness | Hora | Piscina G | Piscina P | Spinning | EXTERIOR | Dirigides | Sala Fitness | Hora | Piscina G | Piscina P | Spinning | EXTERIOR | Dirigides | Hora |
| 07.00 | | | | | | | 07.00 | | | | | | | 07.00 | | | | | | | 07.00 | | | | | | | 07.00 | | | | | | 07.00 |
| 07.15 | | | | | | | 07.15 | | | | | | | 07.15 | | | | | | | 07.15 | | | | | | | 07.15 | | | | | | 07.15 |
| 07.30 | | | | | | | 07.30 | | | | | | | 07.30 | | | | | | | 07.30 | | | | | | | 07.30 | | | | | | 07.30 |
| 07.45 | | | | | | | 07.45 | | | | | | | 07.45 | | | | | | | 07.45 | | | | | | | 07.45 | | | | | | 07.45 |
| 08.00 | | | | | | | 08.00 | | | | | | | 08.00 | | | | | | | 08.00 | | | | | | | 08.00 | | | | | | 08.00 |
| 08.15 | | | | | | | 08.15 | | | | | | | 08.15 | | | | | | | 08.15 | | | | | | | 08.15 | | | | | | 08.15 |
| 08.30 | | | | | PILATES | | 08.30 | | | | | | | 08.30 | | | | | | | 08.30 | | | | | | | 08.30 | | | | | | 08.30 |
| | | | | | | | | | | | | | | 08.45 | | | | | | | 08.45 | | | | | | | 08.45 | | | | | | 08.45 |
| | | | | | | | | | | | | | | 09.00 | | | | | | | 09.00 | | | | | | | 09.00 | | | | | | 09.00 |
| 09.15 | | | | | | | 09.15 | | | | | | | 09.15 | | | | | | | 09.15 | | | | | | | 09.15 | | | | | | 09.15 |
| 09.30 | | | | RITMES | | | 09.30 | | | | | GAC | | 09.30 | | | | | | | 09.30 | | | | | | | 09.30 | | | | RITMES | | 09.30 |
| | | | | | | | | | | | | | | 09.45 | | | | | | | 09.45 | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | 10.00 | | | | | | | 10.00 | | | | | | | | | | | | | |
| 10.15 | | | | AQUAGYM | | | 10.15 | | | | AQUAGYM | | | 10.15 | | | | AQUAGYM | | | 10.15 | | | | AQUAGYM | | | 10.15 | | | | AQUAGYM | | 10.15 |
| 10.30 | | | | PAU | IOGA | | 10.30 | | | | PAU | PILATES | | 10.30 | | | | PAU | | | 10.30 | | | | PAU | | | 10.30 | | | | PAU | IOGA | 10.30 |
| 11.15 | | | | | | | 11.15 | | | | | | | 11.15 | | | | | | | 11.15 | | | | | | | 11.15 | | | | | | 11.15 |
| 11.30 | | | | | | | 11.30 | | | | | | | 11.30 | | | | | | | 11.30 | | | | | | | 11.30 | | | | | | 11.30 |
| 11.45 | | | | | | | 11.45 | | | | | | | 11.45 | | | | | | | 11.45 | | | | | | | 11.45 | | | | | | 11.45 |
| 12.00 | | | | | | | 12.00 | | | | | | | 12.00 | | | | | | | 12.00 | | | | | | | 12.00 | | | | | | 12.00 |
| 12.15 | | | | | | | 12.15 | | | | | | | 12.15 | | | | | | | 12.15 | | | | | | | 12.15 | | | | | | 12.15 |
| 12.30 | | | | | | | 12.30 | | | | | | | 12.30 | | | | | | | 12.30 | | | | | | | 12.30 | | | | | | 12.30 |
| 12.45 | | | | | | | 12.45 | | | | | | | 12.45 | | | | | | | 12.45 | | | | | | | 12.45 | | | | | | 12.45 |
| 13.00 | | | | | | | 13.00 | | | | | | | 13.00 | | | | | | | 13.00 | | | | | | | 13.00 | | | | | | 13.00 |
| 13.15 | | | | | | | 13.15 | | | | | | | 13.15 | | | | | | | 13.15 | | | | | | | 13.15 | | | | | | 13.15 |
| 13.30 | | | | | | | 13.30 | | | | | | | 13.30 | | | | | | | 13.30 | | | | | | | 13.30 | | | | | | 13.30 |
| 13.45 | | | | | | | 13.45 | | | | | | | 13.45 | | | | | | | 13.45 | | | | | | | 13.45 | | | | | | 13.45 |
| 14.00 | | | | | | | 14.00 | | | | | | | 14.00 | | | | | | | 14.00 | | | | | | | 14.00 | | | | | | 14.00 |
| 14.15 | | | | | | | 14.15 | | | | | | | 14.15 | | | | | | | 14.15 | | | | | | | 14.15 | | | | | | 14.15 |
| 14.30 | | | | | | | 14.30 | | | | | | | 14.30 | | | | | | | 14.30 | | | | | | | 14.30 | | | | | | 14.30 |
| 14.45 | | | | | | | 14.45 | | | | | | | 14.45 | | | | | | | 14.45 | | | | | | | 14.45 | | | | | | 14.45 |
| 15.00 | | | | | | | 15.00 | | | | | | | 15.00 | | | | | | | 15.00 | | | | | | | 15.00 | | | | | | 15.00 |
| 15.15 | | | | AQUAGYM | | | 15.15 | | | | AQUAGYM | | | 15.15 | | | | AQUAGYM | | | 15.15 | | | | AQUAGYM | | | 15.15 | | | | AQUAGYM | | 15.15 |
| 16.00 | | | | | | | 16.00 | | | | | | | 16.00 | | | | | | | 16.00 | | | | | | | 16.00 | | | | | | 16.00 |
| 16.15 | | | | | | | 16.15 | | | | | | | 16.15 | | | | | | | 16.15 | | | | | | | 16.15 | | | | | | |
| 16.30 | | | | | | | 16.30 | | | | | | | 16.30 | | | | | | | 16.30 | | | | | | | 16.30 | | | | | | |
| 16.45 | | | | | | | 16.45 | | | | | | | 16.45 | | | | | | | 16.45 | | | | | | | 16.45 | | | | | | |
| 17.00 | | | | | | | 17.00 | | | | | | | 17.00 | | | | | | | 17.00 | | | | | | | 17.00 | | | | | | |
| 17.15 | | | | | PILATES | | 17.15 | | | | | IOGA | | 17.15 | | | | ENTREN. FUNCIONAL | | | 17.15 | | | | | | | 17.15 | | | | | | |
| 18.00 | | | | | | | 18.00 | | | | | | | 18.00 | | | | | | | 18.00 | | | | | | | 18.00 | | | | | | |
| 18.10 | | | | ZUMBA FITNESS | | | 18.10 | | | | AERÒBIC STEP | | | 18.10 | | | | GAC | | | 18.10 | | | | RITMES | | | 18.10 | | | | | | |
| 18.55 | | | | | | | 18.55 | | | | | | | 18.55 | | | | | | | 18.55 | | | | | | | 18.55 | | | | | | |
| 19.05 | | | | GAC | | | 19.05 | | | | SPINNING | ABDOESTIRA | | 19.05 | | | | SPINNING | | | 19.05 | | | | PUMP UP | | | 19.05 | | | | | | |
| 19.50 | | | | | | | 19.50 | | | | | | | 19.50 | | | | | | | 19.50 | | | | | | | 19.50 | | | | | | |
| 20.00 | | | | SPINNING | | | 20.00 | | | | PUMP UP | | | 20.00 | | | | | | | 20.00 | | | | | IOGA | | 20.00 | | | | | | |
| 20.45 | | | | | | | 20.45 | | | | | | | 20.45 | | | | | | | 20.45 | | | | | | | 20.45 | | | | | | |
| 21.00 | | | | | | | 21.00 | | | | | | | 21.00 | | | | | | | 21.00 | | | | | | | 21.00 | | | | | | |
| DILLUNS | | | | | | | DIMARTS | | | | | | | DIMECRES | | | | | | | DIJOUS | | | | | | | DIVENDRES | | | | | | |

**CEM La Fanecada, es reserva el dret de modificar, canviar o eliminar alguna activitat, en cas de necessitat.**

HORARI CEM - DILL A DIV de 7:00 a 13:00 i de 14:00 a 21:00 H / DISS de 9:00 a 14:00 H / DIUM de 10:00 a 14:00 H

HORARI ATENCIÓ AL PÚBLIC - DILL A DIV de 9:00 a 13:00 H i de 15:00 a 20:30 H i DISS de 9:00 a 14:00 H/ DIUM de 10:00 a 14:00 H